



# Frontenac Schools Breakfast February

| MONDAY                                     | TUESDAY                                                                                                                                            | WEDNESDAY                                                                    | THURSDAY                                                                                                            | FRIDAY                                            |
|--------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------|---------------------------------------------------|
| 1<br><b>Mini Powdered Donuts<br/>Fruit</b> | 2<br><b>Blueberry Muffin<br/>String Cheese<br/>Fruit</b>                                                                                           | 3<br><b>Mini French Toast<br/>Fruit</b>                                      | 4<br><b>Mini Chocolate Donuts<br/>Fruit</b>                                                                         | 5<br><b>Lucky Charm Cereal<br/>Fruit</b>          |
| 8<br><b>Pop Tart<br/>Fruit</b>             | 9<br><b>Sausage Biscuit<br/>Fruit</b>                                                                                                              | 10<br><b>Chicken n Biscuit<br/>Fruit</b>                                     | 11<br><b>Maple Burst<br/>Pancake<br/>Fruit</b>                                                                      | 12<br><b>Cereal Bar<br/>Fruit</b>                 |
| 15<br><b>NO SCHOOL</b>                     | 16<br><b>Mini Chocolate Donuts<br/>Fruit</b>                                                                                                       | 17<br><b>Ego Confetti<br/>Pancakes<br/>Fruit</b><br><br><b>ASH WEDNESDAY</b> | 18<br><b>Bagel With<br/>Strawberry Cream<br/>Cheese<br/>Fruit</b>                                                   | 19<br><b>Mini Blueberry<br/>Waffles<br/>Fruit</b> |
| 22<br><b>Mini Cini<br/>Fruit</b>           | 23<br><b>Pancake and<br/>Sausage on Stick<br/>Fruit</b><br><br> | 24<br><b>Apple Frudel<br/>Fruit</b>                                          | 25<br><b>NO SCHOOL</b><br><br> | 26<br><b>NO SCHOOL</b>                            |