

Frontenac Schools Breakfast

SEPTEMBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ALL MEALS SERVED WITH JUICE AND MILK		1 Cinnamon Toast Crunch Cereal Fruit	2 Cherry Frudel Fruit	3 Sausage Biscuit Fruit
6 NO SCHOOL	7 Mini Chocolate Donuts Fruit	8 Mini Cinnis Fruit	9 Maple Burst Pancake Fruit	10 Chicken N Biscuit Fruit
13 Cereal Bar Fruit	14 Pancake Sausage on Stick Fruit	15 Eggo Confetti Pancakes Fruit	16 Breakfast Pizza Fruit	17 Strawberry Cream Cheese Bagel Fruit
20 Coco Puff Cereal Fruit	21 Mini French Toast Fruit	22 Pop Tart Fruit	23 Cinnamon Cream Cheese Bagel Fruit	24 Blueberry Muffin String Cheese Fruit
27 Mini Blueberry Waffle	28 Mini Powdered Donuts Fruit	29 Marshmallow Matey Cereal Fruit	30 Banana Oatmeal Cookie Fruit	PRICES K-12 All Currently Free Adult \$2.35

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1%, Skim and Fat Free Chocolate Milk offered with every meal