


Frontenac Schools Lunch

SEPTEMBER

This institution is an equal opportunity provide

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
<p>Prices K-12 Currently All Eat Free Adult Lunch \$4.00</p>		<p>All Meals Served With Milk & Juice</p>		<p>1 Breaded Beef Sticks Fries Green Beans Peaches</p>		<p>2 Taco Crunch Refried Beans Lettuce & Tomato Mix Pineapple Chunks</p>		<p>3 Hot Dog Tater Tots Veggie Cup w/Ranch Banana 9-12 only Nachos w/ Cheese</p>	
<p>6 NO SCHOOL</p>		<p>7 Chicken & Cheese Crispitos Salsa Refried beans Pineapple Chunks Cookie Chicken Sandwich Line</p>		<p>8 Pizza Bosco Sticks Marinara Garden Salad Peaches</p>		<p>9 Sweet & Sour Chicken W/ Rice Stir Fry Veggies Broccoli Mixed Fruit 9-12 only Pudding</p>		<p>10 Pizza Hut Pizza Corn Mandarin Oranges Cookie</p>	
<p>13 Frito Chili Pie Corn Pineapple Chunks 9-12 Only Bug Bites Hamburger Line</p>		<p>14 Chicken Parmesan Over Pasta Garlic Broccoli Peaches</p>		<p>15 Stromboli Marinara Sauce Green Beans Banana</p>		<p>16 Chicken Wrap Sweet Potato Fries Cucumber Coins Mandarin Oranges</p>		<p>17 Pizza Hut Pizza Garden Salad Mixed Fruit Cookie</p>	
<p>20 Corndog Sweet Potato Fries Garlic Broccoli Apples Chicken Sandwich Line</p>		<p>21 Cheesy Pull Apart Bread Marinara Sauce Green Beans Diced Pears</p>		<p>22 Cheeseburger Lettuce/Tomato Baby Carrots Tater Tots Mandarin Oranges</p>		<p>23 Popcorn Chicken Bowl Mashed potatoes/ Gravy Corn Sliced Peaches 9-12 Only Wheat Roll</p>		<p>24 Pizza Hut Pizza Garden Salad Banana Oatmeal Cream Pie</p>	
<p>27 Turkey & Cheese Sub Broccoli Sliced Peaches Cookie Hamburger Line</p>		<p>28 Chicken Strips Mac & Cheese Green Beans Strawberries and Bananas</p>		<p>29 BBQ Pork Sandwich French Fries Baked Beans Grapes</p>		<p>30 Chili w/ Cheese Crackers Applesauce Cinnamon Roll</p>		 <p>Menu is subject to change</p>	